

Fit for winter



Life keeps on going in Ukraine with hundreds of babies being born daily. However, the consequences of war have led to a rise in premature births and complicated deliveries.

Premature babies can suffer from subcooling when the temperature is getting low. Thus, Zuerich hilft der Ukraine Zhdu together with Early Birds, a Ukrainian Association of Parents of Prematurely Born Children, want to provide warmth to these fragile “early birds”

With CHF 50 you can support a premature baby in Ukraine with a bundle of warmth*.



Gift a bundle of warmth this Christmas

*The support bundle includes a warm romper, a blanket, newborn clothes, diapers, wet wipes, a warmer, and a guide for parents.



For bank transfers:

Beneficiary: Zuerich hilft der Ukraine Zhdu

IBAN: CH75 0070 0114 8067 5394 5

Reference / personal note: “Bornfit”

Address: Zurich, Switzerland

Website

www.zhdu.ch/fitforwinter24-25

